



Spelthorne Spartans
Badminton Club



GLOW BADMINTON

Play in the dark with UV lighting and music
(no strobe lighting)



1ST SATURDAY OF EVERY MONTH

Family Session: 10:00 - 11:00am

Adult Session: 11:00-12:00pm

HOW TO BOOK

☎ 01784 453963

@ matthew.arnold@lifestylefitness.co.uk

f www.facebook.com/pg/matthewarnoldsportscentre/events

Venue

Lifestyle Fitness,
Matthew Arnold Sports Centre,
Kingston Road, Staines-upon-Thames,
TW18 1PF

Have a question?

Contact Vanessa Law

spelthorne.spartans@hotmail.com | www.spelthornespartans.com